

**St. Augustine of Canterbury
Whitton**

**3rd Sunday of Lent
8th March 2026**

Processional Hymn

All my hope on God is founded;
He doth still my trust renew,
Me through change and chance He guideth,
Only good and only true.
God unknown, He alone
Calls my heart to be His own.

God's great goodness aye endureth,
Deep His wisdom, passing thought:
Splendour, light and life attend him,
Beauty springeth out of naught.
Evermore, from His store,
New-born worlds rise and adore.

Still from earth to God eternal
Sacrifice of praise be done,
High above all praises praising
For the gift of Christ, His Son.
Christ doth call One and all:
Ye who follow shall not fall.

The Greeting

In the name of the Father,
and of the Son, and of the Holy Spirit. **Amen**

Grace, mercy and peace, from God our Father
and the Lord Jesus Christ be with you,
and also with you.

INTRODUCTION TO CONFESSION

The sacrifice of God is a broken spirit; a broken
and contrite heart God will not despise.
Let us come to the Lord, who is full of
compassion, and acknowledge our
transgressions in penitence and faith.

Kyrie Confession

Wash me thoroughly from my wickedness
and cleanse me from my sin:
Lord, have mercy.
Lord, have mercy.

Make me a clean heart, O God,
and renew a right spirit within me:
Christ, have mercy.
Christ, have mercy.

Cast me not away from your presence
and take not your holy spirit from me:
Lord, have mercy.
Lord, have mercy.

The president says

Almighty God, who in Jesus Christ has given us
a kingdom that cannot be destroyed, + forgive
you your sins, open your eyes to God's truth,
strengthen you to do God's will and give you the
joy of his kingdom, through Jesus Christ our
Lord.

Amen

The Collect

Eternal God, give us insight to discern your will
for us, to give up what harms us, and to seek the
perfection we are promised in Jesus Christ our
Lord. Amen

**The Liturgy of the Word
First Reading**

Exodus 17.1-7

From the wilderness of Sin the whole
congregation of the Israelites journeyed by
stages, as the Lord commanded. They camped
at Rephidim, but there was no water for the
people to drink.

The people quarrelled with Moses, and said,
Give us water to drink. Moses said to them, Why
do you quarrel with me? Why do you test the
Lord?

But the people thirsted there for water; and the
people complained against Moses and said, Why
did you bring us out of Egypt, to kill us and our
children and livestock with thirst?

So Moses cried out to the Lord, What shall I do
with this people? They are almost ready to stone
me.

The Lord said to Moses, Go on ahead of the
people, and take some of the elders of Israel with
you; take in your hand the staff with which you
struck the Nile, and go.

I will be standing there in front of you on the rock
at Horeb. Strike the rock, and water will come out
of it, so that the people may drink. Moses did so,
in the sight of the elders of Israel.

He called the place Massah and Meribah,
because the Israelites quarrelled and tested the
Lord, saying, Is the Lord among us or not?

This is the Word of the Lord

Thanks be to God

Responsorial Psalm

**O that today you would listen to his voice!
Harden not your hearts.**

Come, ring out our joy to the Lord:
Haid the rock who saves us.
Let us come before God, giving thanks,
With songs let us hail the Lord.

**O that today you would listen to his voice!
Harden not your hearts.**

Come in; let us bow and bend low;
Let us kneel before the God who made us
For this is our God/ and we the people who
belong to his pasture,
The flock that is led by his hand.

**O that today you would listen to his voice!
Harden not your hearts.**

O that today you would listen to God's voice!
Harden not your hearts as at Meribah,
As on that day at Massah in the desert
When your ancestors put me to the test;
When tried me, though they saw my work.
**O that today you would listen to his voice!
Harden not your hearts.**

Second Reading

Romans 5.1–11

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life.

But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

This is the Word of the Lord
Thanks be to God

Gradual Hymn

I heard the voice of Jesus say,
'Come unto me and rest;
Lay down, thou weary one, lay down
thy head upon my breast;'
I came to Jesus as I was,
weary, and worn, and sad;
I found in him a resting place
and he has made me glad.

I heard the voice of Jesus say,
'Behold, I freely give
the living water, thirsty one;
stoop down, and drink, and live':
I came to Jesus and I drank
of that life-giving stream
my thirst was quenched my soul revived,
and now I live in Him

I heard the voice of Jesus say,
'I am this dark world's Light;
look unto me, thy morn shall rise,
and all thy day be bright;'
I looked to Jesus and I found
in him my Star, my Sun;
and in that light of life I'll walk
till travelling days are done.

Gospel Acclamation

Praise to you, O Christ, King of eternal glory.
Your word is a lamp to my feet and a light to my path.
Praise to you, O Christ, King of eternal glory.

Gospel Reading

Hear the Gospel of our Lord Jesus Christ
according to John.
Glory to you, O Lord

John 4.5–42

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacobs well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, Give me a drink. (His disciples had gone to the city to buy food.)

The Samaritan woman said to him, How is it that you, a Jew, ask a drink of me, a woman of Samaria? (Jews do not share things in common with Samaritans.)

Jesus answered her, If you knew the gift of God, and who it is that is saying to you, Give me a drink, you would have asked him, and he would have given you living water.

The woman said to him, Sir, you have no bucket, and the well is deep. Where do you get that living water?

Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?

Jesus said to her, Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.

The woman said to him, Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.

Jesus said to her, Go, call your husband, and come back.

The woman answered him, I have no husband.

Jesus said to her, You are right in saying, I have no husband;

for you have had five husbands, and the one you have now is not your husband. What you have said is true!

The woman said to him, Sir, I see that you are a prophet.

Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.

Jesus said to her, Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem.

You worship what you do not know; we worship what we know, for salvation is from the Jews.

But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him.

God is spirit, and those who worship him must worship in spirit and truth.

The woman said to him, I know that Messiah is coming (who is called Christ). When he comes, he will proclaim all things to us.

Jesus said to her, I am he, the one who is speaking to you.

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, What do you want? or, Why are you speaking with her?

Then the woman left her water-jar and went back to the city. She said to the people,

Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?

They left the city and were on their way to him. Meanwhile the disciples were urging him, Rabbi, eat something.

But he said to them, I have food to eat that you do not know about.

So the disciples said to one another, Surely no one has brought him something to eat?

Jesus said to them, My food is to do the will of him who sent me and to complete his work. Do you not say, Four months more, then comes the harvest? But I tell you, look around you, and see how the fields are ripe for harvesting.

The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together.

For here the saying holds true, One sows and another reaps.

I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.

Many Samaritans from that city believed in him because of the woman's testimony, He told me everything I have ever done.

So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word.

They said to the woman, It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.

This is the Gospel of the Lord,
Praise to you, O Christ.

Sermon

(Please stand)

The Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, Of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, light from light, true God from true God, begotten, not made, of one being with the Father;

Through him all things were made.

For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, And the life of the world to come.

(Please kneel or sit for our prayers)

The Prayers

Lord, meet us in the silence,
give us strength and hear our prayer.

- (8) Kathleen Mearing (09) Emily Stone (09)
Peter Richardson (15)
- (9) Edward Knudson, Dorothy Howell,
Roger Hills (17)
- (10) Harvey Springfield (71)
- (11) Betty England, Fred Jacob,
William Davis (06) Frank Crabtree (06),
Les Stock (10) Ronald Chick (10)
- (12) Beryl Templemead (51)
Malcolm Simpson (01)
Percival Page (05), Geoffrey Ledger (13)
- (13) Irene Westwood, Elaine Austin (01)
Renate Warburg (09)
- (14) Joyce Glassops, Penny Wild, Win Ives (12)

(Please stand)

The Peace

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you.

And also with you.

Let us show one another a sign of peace

Offertory Hymn

Firmly I believe and truly
God is three, and God is one,
And I next acknowledge duly
Manhood taken by the Son.

And I trust and hope most fully
In the Savior crucified;
And each thought and deed unruly
Do to death, as he has died.

Simply to his grace and wholly
Light and life and strength belong:
And I love supremely, solely,
Him the holy, him the strong.

And I hold in veneration,
For the love of him alone,
Holy church, as his creation,
And her teachings, as his own.

Adoration aye be given,
With and through th' angelic host,
To the God of earth and heaven,
Father, Son and Holy Ghost.

Prayer over the Offerings

God of our journey, as we walk with you on your path of obedience,
sustain us on our way and lead us to your glory;
through Jesus Christ our Lord.

Amen.

Eucharistic Prayer

The Lord be with you
And also with you

Lift up your hearts
We lift them to the Lord

Let us give thanks to the Lord our God
It is right to give thanks and praise

It is indeed right and good to give you thanks and praise, almighty God and everlasting Father, through Jesus Christ your Son.

For in these forty days you lead us into the desert of repentance that through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again.

Through fasting, prayer and acts of service you bring us back to your generous heart.

Through study of your holy word you open our eyes to your presence in the world and free our hands to welcome others into the radiant splendour of your love.

As we prepare to celebrate the Easter feast with joyful hearts and minds we bless you for your mercy and join with saints and angels for ever praising you and singing:

**Holy, holy, holy, Lord God of pow'r,
Lord God of might**

Lord God of pow'r and might.

**Heav'n and earth are full of your glory,
Hosanna in the highest.**

**Hosanna, hosanna, hosanna
In the highest.**

**Blessed, blessed, blessed,
blessed is he who comes in the name,
who comes in the Lord's own name.
Hosanna, hosanna, hosanna,
In the highest
Hosanna, hosanna, hosanna,
In the highest.**

(Please kneel or sit)

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ;
who in the same night that he was betrayed, took bread and gave you thanks;
He gave it to his disciples, saying:
Take, eat; this is my body which is given for you; do this in remembrance of me.
In the same way, after supper he took the cup and gave you thanks;
he gave it to them saying:
Drink this, all of you;
this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith.

**Christ has died:
Christ is risen:
Christ will come again.**

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving.
We bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.
Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of St Augustine and all the saints, may praise and glorify you forever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father,
For ever and ever. **Amen**

Lord's Prayer

Trusting in the compassion of God, let us pray with confidence as our Saviour has taught us:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.**

Amen

Breaking of the Bread

(The priest breaks the consecrated bread)

Every time we eat this bread and drink this cup
We proclaim the Lord's death until he comes.

The Lamb of God

Lamb of God, you take away the sin of the world:
have mercy on us
Lamb of God, you take away the sin of the world:
have mercy on us
Lamb of God, you take away the sin of the world:
grant us peace.

Giving of Communion

Jesus is the Lamb of God who takes away the sin of the world.
Blessed are those who are called to his supper.

Lord, I am not worthy to receive you, but only say the word, and I shall be healed.

The Sanctuary bell is rung and the Priest takes communion followed by the congregation.

Communion:

All are welcomed to receive Communion or a Blessing as guided by the Sidespersons.

Communion Hymn

(for which we remain kneeling or seated)

As the deer pants for the water,
So my soul longs after You.
You alone are my heart's desire,
And I long to worship You.

***You alone are my strength, my shield;
To You alone may my spirit yield.
You alone are my heart's desire,
And I long to worship You.***

I want You more than gold or silver,
Only You can satisfy.
You alone are the real joy giver,
And the apple of my eye.

***You alone are my strength, my shield;
To You alone may my spirit yield.
You alone are my heart's desire,
And I long to worship You.***

You're my friend and You are my brother
Even though You are a King.
I love You more than any other,
So much more than anything.

***You alone are my strength, my shield;
To You alone may my spirit yield.
You alone are my heart's desire,
And I long to worship You.***

2nd Communion Hymn

Be still for the presence of the Lord,
The holy one is here.
Come bow before him now,
With reverence and fear.
In him no sin is found
We stand on holy ground,
Be still for the presence of the Lord,
The holy one is here.

Be still for the glory of the Lord,
Is shining all around.
He burns with holy fire,
With splendour he is crowned .
How awesome is the sight,
Our radiant king of light,
Be still for the glory of the Lord
Is shining all around.

Be still for the power of the Lord,
Is moving in this place.
He comes to cleanse and heal,
To minister his grace.
No work too hard for him,
In faith receive from him,
Be still for the power of the Lord
Is moving in this place.

(Please remain seated)

Prayer after Communion

Merciful Lord,
grant your people grace to withstand the
temptations of the world, the flesh and the devil,
and with pure hearts and minds to follow you, the
only God;
through Jesus Christ our Lord. Amen

We say together

**Father of all, we give you thanks and praise,
that when we were still far off you met us in
your Son and brought us home. Dying and
living, he declared your love, gave us grace,
and opened the gate of glory. May we who
share Christ's body live his risen life; we who
drink his cup bring life to others; we whom
the Spirit lights give light to the world. Keep
us firm in the hope you have set before us, so
we and all your children shall be free, and the
whole earth live to praise your name; through
Christ our Lord. Amen.**

NOTICES The Blessing

May God the Father, who does not despise the
broken spirit, give to you a contrite heart.
Amen.

May Christ, who bore our sins in his body on the
tree, heal you by his wounds.
Amen.

May the Holy Spirit, who leads us into all truth,
speak to you words of pardon and peace.
Amen.

And the blessing of God Almighty,
Father, Son, and the Holy Spirit
be among you and remain with you always.
Amen

Go in the peace of Christ
Thanks be to God

Recessional Hymn

Praise the Lord, ye heavens adore him!
Praise him, angels, in the height:
Sun and moon, rejoice before him,
Praise him, all ye stars and light.
Praise the Lord, for he hath spoken;
Worlds his mighty voice obeyed;
Laws, which never shall be broken,
For their guidance he hath made.

Praise the Lord, for he is glorious;
Never shall his promise fail.
God hath made his saints victorious;
Sin and death shall not prevail,
Praise the God of our salvation,
Hosts on high, his pow'r proclaim;
Heav'n and earth and all creation,
Laud and magnify his name!

Worship, honour, glory, blessing,
Lord, we offer to thy name;
Young and old, thy praise expressing,
Join their Saviour to proclaim.
As the saints in heav'n adore thee,
We would bow before thy throne;
As thine angels serve before thee,
So on earth thy will be done.